



Dear Fellows,

The new issue of Ways and Means is here!

[Download the new issue of W&M: Issue 4 2025](#)

In the last issue, [Issue 3 2025](#), we published our first *Letter to the Editor*, as well as a feature story called *Black in D.A.* Both writings prompted a handful of Fellowship responses. This newsletter features those replies. We love and appreciate this level of fellowship engagement with Ways & Means!

Letter to the Editor—A reply to our Visions prompt:

"I came into D.A. in the 1990s, beaten down by a terrible credit card addiction that had me some \$40,000 in debt, and having walked away from a lucrative career to pursue "my heart's desire."

Feature Recovery Story—Origins of "Black in D.A. Meetings" by Darleana M.

"I kept thinking to myself, 'Where have y'all been!!! I have struggled with this program for 7 years and suffered immensely.' There were so many feelings coming up for me."

Newcomer Corner—Living Solvent, One Honest Step at a Time, by Afrika M.

"Out of desperation, I declared bankruptcy. For a while, I thought that would be the end of it. After I rebuilt my credit, I got more cards."

Yours in Recovery,

Alfa, Ali, Julie, Marianne, Nate, and Monty

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